

Wendy Winograd, DSW, LCSW, BCD-P

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Education

DSW	Rutgers University School of Social Work	2017
PsyA	New Jersey Institute for Training in Psychoanalysis	2011
MSW	New York University , Clinical Social Work	2001
MA	University of Pennsylvania , English & American Literature	1982
B.A.	Brown University , English & American Literature, Honors, Magna Cum Laude	1979

Experience

- Psychoanalyst/Psychotherapist, Private Practice, Clinical Supervision, Chatham, NJ October 2003 to present
- Director, Writing Program of the Center for Psychotherapy and Psychoanalysis of New Jersey 2017 to present
- Adjunct Faculty, Rutgers University School of Social Work September 2014 to December 2015
- Faculty, Center for Psychotherapy and Psychoanalysis of New Jersey February 2012 to present
- Faculty, New Jersey Institute for Training in Psychoanalysis February 2011 to present
- Faculty, Counseling Department, Rutgers Preparatory School, Somerset, NJ July 2001 to present
- Faculty, English Department, Morristown Beard School, Morristown, NJ 1993-2001
- Adjunct Faculty, Rutgers University, Camden, NJ 1992
- Adjunct Faculty, Camden County College, Blackwood, NJ 1991-1993

Publications

- Winograd, W. (2024). The Paradox of PTSD: Call for Social Change or Individual Pathology? Review of *Psychiatry, Politics and PTSD: Breaking Down* by Janice Haaken. *Psychoanalytic Social Work* (in press). 2023
- Winograd, W. (2022). Connection and separation reconsidered: Challenges and opportunities in the new world of digital communication. In M. Jarrette- 2022

- Kenny & M. Jaffe (Eds.), *Social work in the age of disconnection: Narrative case studies*. Routledge.
- Winograd, W. (2018). Review of *The Mother-Infant Interaction Picture Book: Origins of Attachment* by Beatrice Beebe, Phyllis Cohen, & Frank Lachmann, Illustrated by Dillon Yothers. *The Psychoanalytic Quarterly* (87)4. 2018
 - Winograd, W. (2018). Review of *The dissociative mind in psychoanalysis: Understanding and working with trauma*. *Psychoanalytic Social Work*. DOI: 10.1080/15228878.2017.1413665 2018
 - Jaffe, M., Floersch, J., Longhofer, J. & Winograd, W. (2017). *The social work and k-12 schools casebook: Phenomenological perspectives*. New York: Routledge. 2017
 - Winograd, W. (2017). Resuming the forward edge of development: Psychoanalytically informed school-based intervention. In M. Jaffe, J. Floersch, J. Longhofer & W. Winograd (Eds.), *The social work and k-12 schools casebook: Phenomenological perspectives* (29-45). New York: Routledge. 2017
 - Winograd, W. [What's so important about play?](#) 2016
 - Winograd, W. (2017). Review of *Nourishing the inner lives of clinicians and humanitarians: The ethical turn in psychoanalysis*, by Donna Orange and *What about me?: The struggle for identity in a market-based society*, by Paul Verhaeghe. *Psychoanalytic Quarterly*. 2017
 - Winograd, W. (2016). Demeter's compromise: Separation, loss and reconnection in mothers with daughters entering adulthood. *Psychoanalytic Social Work*, 23 (1) 23-41. 2016
 - Winograd, W. (2014). The wish to be a boy: Gender dysphoria and identity confusion in a self-identified transgender adolescent. *Psychoanalytic Social Work* 21(1-2), 55-74. 2014
 - Winograd, W. (2010). Persephone rising: Struggles in female adolescent development in the aftermath of rape. *Clinical Social Work Journal* 38(3), 286-297. 2010
 - Winograd, W. (2006). The culture of adolescence. *Forum*. 2006
 - Winograd, W. (2005). The dead parents' society: The story of a lunchtime bereavement group in a culture of denial. *Viewpoints in Psychoanalysis*. 2005
 - Winograd, W. (2005). The dead parents' society: The story of a lunchtime bereavement group. *Forum*. 2005
 - Winograd, W. (1991). Confidence and learning: Exploring the whole child for the whole of life. *Friends Select Journal*. 1991

Presentations

- Winograd, W., Longhofer, J. and Baker, K. Nina: Two Therapists Working with Parents and an Adopted Child. AAPCW Conference, Philadelphia, PA. Invited. November 2021
- Winograd, W. and Liner, D. Engagement with Unrepresented States in Psychoanalytic Treatment. Faculty Advancement Seminar, Center for Psychotherapy and Psychoanalysis of New Jersey, Zoom, Invited. December 2020
- Winograd, W., Chang, D. L., Falcon, A., Mezheritsky, R., Flores, C. The Immigrant Therapist's Experience and its Impact on Treatment, Psychoanalytic Symposium, New Jersey Institute for Training in Psychoanalysis, Zoom, Invited. June 2020
- Winograd, W. and Felberbaum, S. Day-Long Pre-Conference Psychoanalytic Writing Workshop, AAPCSW Conference, Durham, NC. Invited. March 2019
- Winograd, W. and Baker, K. Working With Parents: A Roundtable Discussion. AAPCSW Conference, Durham, NC. Invited March 2019
- Winograd, W. "The Psychoanalyst in the School. AAPCSW Conference, Baltimore, MD. Invited March 2017
- Winograd, W. "You're In There and I Can't Get You Out": When Problematic Attachments Jeopardize the Development of Separate Identity, AAPCSW Conference, Baltimore MD. March 2017
- Winograd, W. The Wish to Be a Boy: Sexual Orientation and Gender Dysphoria in a Self-Identified Transgender Adolescent. NJI Symposium on Transgender, Teaneck, NJ. Invited. March 2014
- Winograd, W. The Wish to Be a Boy: Sexual Orientation and Gender Dysphoria in a Self-Identified Transgender Adolescent. ICAPP Conference, Reykyavik, Iceland. July 2013
- Winograd, W., Krause, S., & Riggi, S. Uncovering Hidden Messages: Listening for Parents' True Concerns. NJACAC Conference, Long Branch, NJ. June 2013
- Winograd, W. Treating Infidelity in Psychotherapy with Individuals and Couples, New Jersey Institute for Training in Psychoanalysis, Teaneck, NJ. Invited. April 2013
- Winograd, W. The Wish to Be a Boy: Sexual Orientation and Gender Dysphoria in a Self-Identified Transgender Adolescent. AAPCSW Conference, Durham, NC. Invited. March 2013

- Winograd, W., Krause, S., & Riggi, S. Uncovering Hidden Messages: Listening for Parents' True Concerns. NJAIS Conference, Tinton Falls, NJ. October 2012
- Winograd, W., Krause, S., & Riggi, S. Uncovering Hidden Messages: Listening for Parents' True Concerns. NAIS Conference, Seattle, WA. February 2012
- Winograd, W. Infidelity: Working Through the Betrayal in Couple's Therapy, New Jersey Institute for Training in Psychoanalysis Conference, Teaneck NJ. Invited. November 2010
- Winograd, W. Persephone Rising: Struggles in Female Adolescent Development in the Aftermath of Rape, AAPCSW Conference, New York, NY. March 2010
- Winograd, W. Teitelbaum, S, Schwartz, C, & Rowe, C. Does the Theoretical Orientation of the Supervisor Impact the Supervisory Process? AAPCSW Conference, New York, NY. Invited. March 2010
- Winograd, W., Krause, S, & Riggi, S. Can We All Get On the Same Page? Partnering with Parents in the College Process. New Jersey School Counseling Association Conference, Long Branch, NJ. October 2009
- Winograd, W. Infidelity in Psychotherapy with Individuals and Couples, New Jersey Society for Clinical Social Work, Wayne, NJ. Invited. May 2009
- Winograd, W. & Mazsa, D. The Dead Parents' Society: The Story of a Lunchtime Bereavement Group for Teens. NJAIS Conference, Martinsville, NJ. October 2008
- Winograd, W., Krause, S. & Riggi, S. Beyond Bragging Rights and Bumper Stickers. NJAIS Conference, Martinsville, NJ. October 2008
- Winograd, W. Infidelity in Psychotherapy with Individuals and Couples, New Jersey Institute for Training in Psychoanalysis, Teaneck, NJ. Invited. June 2008
- Winograd, W. & Riggi, S. Beyond Bragging Rights and Bumper Stickers: The College Process, Adolescent Development and Family Dynamics, NJACAC Conference, Atlantic City, NJ. May 2008
- Winograd, W., Krause, S. & Riggi, S. Beyond Bragging Rights and Bumper Stickers. NACAC Conference, Austin TX. September 2007
- Winograd, W. Addressing the Trauma of Rape: Two Cases of Unfinished Business. NJI Child Conference, Teaneck, NJ. Invited. March 2007
- Winograd, W. The Culture of Adolescence. New Jersey Society for Clinical Social Work, Wayne, NJ. Invited. June 2006
- Winograd, W. The Culture of Adolescence. New Jersey Association of Women Therapists Conference, Summit, NJ. February 2006

Awards

- AAPCSW Selma Fraiberg Lifetime Achievement Award 2023
- American Association for Psychoanalysis in Clinical Social Work, First Prize Student Paper 2009
- AAUW Florham Park, NJ, Mature Woman's Scholarship 1999
- Brown University Harvey A. Baker Scholarship 1979
- Brown University Minnie Helen Hicks Award in English & American Literature 1979

Affiliations/Memberships

- New Jersey Institute for Training in Psychoanalysis, Training Analyst and Faculty, Training Board (2016-2018) 2011 to present
- Center for Psychoanalysis and Psychotherapy of New Jersey, Training Analyst and Faculty, Director of Writing Program (2017-present) 2013 to present
- New Jersey Society for Clinical Social Work, Board Member (2004-2015) 2004 to present
- A Home Within, New Jersey Chapter, Consultation Group Leader 2013 to 2020
- American Association for Psychoanalysis in Clinical Social Work, Board Member, New Jersey Area Chair 2006 to 2020
- American Association for Psychoanalysis in Clinical Social Work, Recording Secretary 2012 to 2021
- American Association for Psychoanalysis in Clinical Social Work, Book Review Editor for AAPCSW Newsletter 2016 to present
- American Association for Psychoanalysis in Clinical Social Work, Co-Chair, Child and Adolescent Committee 2014 to present
- National Association for the Advancement of Psychoanalysis 2001 to present
- International Conference for the Advanced Professional Practice of Clinical Social Work, Diplomate Member 2013 to 2014
- New Jersey Association of Women Therapists 2003 to 2017
- National Association of Social Workers 2000 to present
- Clinical Social Work Association 2021 to present

Licenses and Certifications

- State of Wisconsin Licensed Clinical Social Worker 2023 to present
- State of Vermont Licensed Independent Clinical Social Worker 2022 to present

- State of Pennsylvania Licensed Clinical Social Worker 2018 to present
- State of Ohio Licensed Independent Social Worker 2017 to present
- BCD-P (Board Certified Diplomate-Psychoanalysis) 2014 to present
- NAAP Nationally Certified Psychoanalyst (NCPsyA) 2011 to present
- State of New Jersey Licensed Clinical Social Worker 2003 to present
- State of New Jersey Licensed Social Worker 2001 to 2003
- State of New Jersey Certified School Social Worker 2001 to present
- State of New Jersey Certified Clinical Supervisor 2006 to present
- Rutgers University SIFI Certified Field Work Supervisor 2006 to present
- NASW Diplomate in Clinical Social Work 2006 to present
- NASW Certified School Social Work Specialist 2004 to present

Research Interests

- Psychoanalysis: theory and clinical practice
- Psychoanalytic theory of development
- Adolescent and child psychotherapy
- Mother/daughter relationships
- Play theory, Play therapy, Play in adult therapy
- School social work and school based therapy
- Gender and sexuality
- Attachment theory